Use this format for the Research Project Outline.

Copy & paste the outline below into your Wiki Page

Replace the word ‘Topic’ with your topic.

Leave the outline & add your information to the outline.

Topic ASTHMA

1. Definition

1. Identify/define topic: airway of the lungs swells and gets narrow
2. History/Origin of item: there are things written that asthma was in existence in ancient Egypt times (there were over 700 prescriptions on the papyrus found for asthma)

2. Signs/Symptoms

* Specific examples: Sweating, wheezing, [shortness of breath](http://www.ncbi.nlm.nih.gov/pubmedhealth/n/pmh_adam/A003075/), severe [anxiety](http://www.ncbi.nlm.nih.gov/pubmedhealth/n/pmh_adam/A003211/), extreme difficulty of breathing

1. How long they should last before concern: you should call the doctor when your child has trouble breathing
2. Genetic, hereditary or environmental factors: asthma can sometimes run in families, the air around can trigger the reaction, allergens can trigger them

3. Treatment/Managing the problem

1. If treatment is available, examples and details listed: it is more controlled than it is treated. There is no cure. There are inhalers and medicine. Controlling your activities too helps. (normal exercise level, sleep level normal,
2. Role of diet:
3. Role of exercise:
4. Role of medicine:
5. Role of family support given:
6. Management of problem short-term:
7. Management of problem long-term:
8. Impact on the individual and family:
9. Impact on the family:
10. Statistics integrated into the data:

4. What I learned/3 WOW’s

1. New information learned:
2. New information learned:
3. New information learned:

5. Resources

<http://www.copewithasthma.com/history-of-asthma/>

<http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0001196/>

<http://www.medicalnewstoday.com/info/asthma/treatment-for-asthma.php>

<http://www.scienceoflife.com/diseases/asthma.aspx#1>

<http://www.medicalnewstoday.com/info/asthma/asthma-history.php>